

**Bachelor of Science in Health, PE, and Recreation
Course Sequence 120 total hours**

Freshman			
Fall		Spring	
ENG131 ENGLISH COMPOSITION 1	3	ENG132 ENGLISH COMPOSITION II	3
MAT 125 QUANTITATIVE LITERACY OR MAT 124 COLLEGE ALGEBRA	3	BIO144 BIOLOGY w/LAB	4
FYE108 FIRST YEAR EXPERIENCE**	3	REL 106 INTRO TO BIBLE OR REL 203 BIBLE DOCTRINE**	3
MIS110 INTRO TO COMPUTERS	3	KIN 130 HEALTH & SAFETY	3
HUMANTITIES/FINE ARTS ELECTIVE	3	BAD 103 FINANCIAL LITERACY	3
<i>Total</i>	15	<i>Total</i>	16

Total 31

Sophomore			
Fall		Spring	
PSY 152 GENERAL PSYCHOLOGY	3	HPER 101 FOUNDATIONS OF HEALTH AND PHYSICAL EDUCATION	2
APS 343 ANATOMY & PHYSIOLOGY I W/ LAB	4	APS 344 ANATOMY & PHYSIOLOGY II W/ LAB	4
SPC 239 ORAL COMMUNICATIONS	3	POL 257 UNITED STATES GOVERNMENT	3
HIS 357 US HISTORY OR	3	KIN 139 PHYSICAL EDUCATION	3
HUMANTITIES/FINE ARTS ELECTIVE	3	KIN 146 FIRST AID/CPR	2
<i>Total</i>	16	<i>Total</i>	14

Total 30

Junior			
Fall		Spring	
HPER 222 MOTOR DEVELOPMENT AND LEARNING	3	HPER 202 SPORTS OFFICIATING	3
HPER 302 NUTRITION	3	HPER 314 FAMILY, LIFE, AND SEX EDUCATION	3
RECR 306 INDOOR/OUTDOOR RECREATION & PRIMARY GAMES	3	HPER 333 DRUG AND ALCOHOL EDUCATION	3
KIN 303 EXERCISE PHYSIOLOGY	3	HPER 328 COACHING AND THEORY METHODS	3
HPER 320 EXERCISE, WELLNESS, AND LIFESTYLE	3	HPER 200 INDIVIDUAL, DUAL, AND TEAM SPORTS	2
		REC 329 LEADERSHIP IN RECREATION	3
<i>Total</i>	15	<i>Total</i>	17

Total 32

Senior			
Fall		Spring	
KIN 406 KINESIOLOGY	3	HPER 337 COMMUNITY HEALTH AGENCIES	3
HPER 410 MENTAL HEALTH EDUCATION	3	HPER 433 CULTURAL COMPETENCE AND CONTROVERSIAL ISSUES IN HEALTH EDUCATION	3
HPER 430 ORGANIZATION AND ADMINISTRATION OF HEALTH, PHYSICAL EDUCATION, RECREATION, AND ATHLETIC PROGRAMS	3	RECR 460 FIELD EXPERIENCE	6
KIN 431 CARE AND PREVENTION OF INJURIES	3		
HPER 433 EXERCISE ASSESSMENT	3		
<i>Total</i>	15	<i>Total</i>	12

Total 27