

Associate of Science in Health Studies
Course Sequence 65 total hours

Freshman			
Fall		Spring	
ENG131 ENGLISH COMPOSITION I	3	ENG132 ENGLISH COMPOSITION II	3
MAT 125 QUANTITATIVE LITERACY OR MAT 124 COLLEGE ALGEBRA	3	BIO144/144L BIOLOGY w/ LAB	4
FYE108 FIRST YEAR EXPERIENCE**	3	BAD 103 FINANCIAL LITERACY**	3
KIN 130 HEALTH & SAFETY OR KIN 139 PHYSICAL EDUCATION	3	REL 106 INTRO TO BIBLE OR REL 203 BIBLE DOCTRINE**	3
MIS110 INTRO TO COMPUTERS	3	HUMANITIES/FINE ARTS ELECTIVE	3
HPER 101 FOUNDATIONS OF HEALTH AND PHYSICAL EDUCATION	2		
Total	17	Total	16

Total 33

Sophomore			
Fall		Spring	
APS343/343L ANATOMY AND PHYSIOLOGY I w/ lab	4	POL 257 – US GOVERNMENT	3
HPER 302 NUTRITION OR HPER ELECTIVE	3	APS344/344L ANATOMY AND PHYSIOLOGY II w/ lab	4
PSY 152 GEN. PSYCHOLOGY OR HSH 250 – INTRO TO SOCIOLOGY	3	KIN 303 EXERCISE PHYSIOLOGY OR HPER ELECTIVE	3
SPC 239 ORAL COMMUNICATION	3	HPER 337 COMMUNITY HEALTH AGENCIES	3
HIS 357/HIS 358 US HISTORY I or II	3	HPER 433 CULTURAL COMPETENCE AND CONTROVERSIAL ISSUES IN HEALTH EDUCATION	3
Total	16	Total	16

Total 32